

Forgiveness

vs Bitterness

Clearing the record of those who have wronged me and not holding a grudge.

I choose to:

- Acknowledge the pain.
- Choose to forgive.
- Not seek revenge.
- Ask for forgiveness when I do wrong.
- Move on with life.



Overlook a transgression!

*Forgiveness is not
an occasional act
it is a constant
attitude.*

Martin Luther King, Jr

Forgiveness in the Home

- * A parent disciplining a disobedient child in patience and love, not in anger
- * Talk with each other about hurts instead of stuffing it down inside
- * Responding to another's rude words with a kind tone of voice

DEVELOP A FORGIVING SPIRIT

1. View an offender as an "instrument" in God's hands.
2. Thank God for the benefits He plans from an offense
3. Determine what character qualities God wants to develop in you through the offense.
4. Realize that suffering is a normal part of the Christian life.

Benefits of Forgiveness

FREEDOM – the result of letting go of guilt, bitterness and anger so you can move on

FRIENDSHIP – forgetting the hurtful words and actions of another, focusing on their strengths, and allowing friendships to grow.

Sheep are dependent animals. They need to be shown where to eat, drink and rest. They are also prone to wander from the flock and become vulnerable prey to hungry foxes or wild dogs. The farmer must care and protect his sheep, leading them to water and food, however, this can be difficult because sheep are prone to wander and stray from the flock.

